**RELIGIOUS BELIEFS OF ISLAM**

**WITHIN THE FOLLOWING CATEGORIES OF BELIEF**

(NOT EXHAUSTIVE)

**CATEGORY OF BELIEF: Ultimate Reality**

**The beliefs (ideas) that ultimate reality is:**

Allah

One and only God

God is all powerful (Omnipotent)

Allah is all knowing (Omniscient)

Creator of the Universe and all which exists in it

God is the Sustainer of all that exists.

Allah is Kind, Just, all Knowing and all Seeing

Allah is Most Wise

Allah is known through his 99 names or attributes

**CATEGORY OF BELIEF: Nature and Purpose of Human Life**

**Because of the beliefs about ultimate reality, the beliefs about the nature and purpose of human life are that:**

Humans are created by Allah

Humans are born good and innocent

Sole purpose for which humans were created was to worship Allah

**CATEGORY OF BELIEF: Meaning of Suffering**

**Because of the beliefs about ultimate reality, the beliefs about the meaning of suffering are that:**

All humans suffer in one form or the other.

All forms of suffering are a test from Allah

Suffering is meant to wipe out sins and should be endured patiently

Allah gives the hardest test to those He loves the most

Greatest Jihad is to fight one’s desires which may involve suffering

**CATEGORY OF BELIEF: Death and the Afterlife**

**Because of the beliefs about ultimate reality, the beliefs about death and the afterlife are that:**

All humans will die and be resurrected on the Day of Judgement and judged by Allah

Judgement begins in the grave

In the Afterlife there is reward and punishment – Heaven and Hell

Eternity exists in the afterlife

Justice is given to all

**CATEGORY OF BELIEF: Relationship between Ultimate Reality and Humanity**

**Because of the beliefs about ultimate reality, the beliefs about the relationship between ultimate reality and humanity are that:**

Relationship is Creator and created

Obey Allah absolutely and unconditionally

Lead lives according to the laws given in the Quran and Sunnah

Total submission to Allah

Allah knows what is in human hearts and minds

Allah knows what is best for humans

**CATEGORY OF BELIEF: Relationship between Humans**

**Because of the beliefs about ultimate reality, the beliefs about the relationship between humans are that:**

Humans created equal

Love and respect oneself and fellow humans

Encourage good deeds and discourage bad deeds

Fulfil duties towards other Muslims and to all humankind

Humans are the representatives of God on earth

**CATEGORY OF BELIEF: Relationship between Human Life and the rest of the Natural World**

**Because of the beliefs about ultimate reality, the beliefs about the relationship between human life and the rest of the world are that:**

Honour all of Allah’s creation

It is forbidden to harm animals

Humans are the carers of the environment

They must prevent destruction of the environment